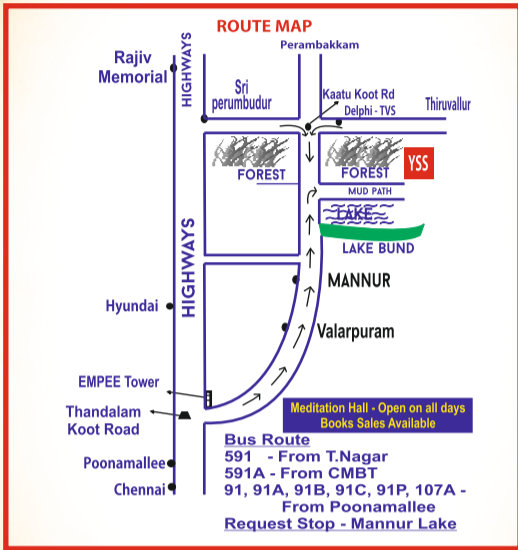


YSS Chennai Retreat

Mannur Village, Sriperumbudur Taluk,
Kancheepuram District 602105 Tamil Nadu.
Contact : N. Subramanian - 9600048364, 95660 89801
Email : ysschennai@retreat@gmail.com



Yogoda Satsanga Dhyana Kendra CHENNAI

SRI SRI PARAMAHANSA YOGANANDA HALL
OMKAR Apartment, New 14, (Old 17),
Rajarathinam Street, Kilpauk, Chennai - 600 010.
Land Mark : Behind EGA Theatre | Ph : 2643 1141
Office Timing : 10.30 am to 5.30 pm
Web : www.chennai.ysskendra.org
email : ysdk.chennai@gmail.com

Contacts for Information :

Smt. S.Saraswathi : 94440 57590
Smt. Hema Premchand : 90940 03506
Sri Rajagopal : 99623 60446
Sri Karunakara Reddy : 94433 52178
Sri Balasubramanian : 98333 01866

Regular Satsanga & Meditation

Daily Meditation : 7.00 a.m - 8.00 a.m &
5.30 p.m - 7.00 p.m.

Sunday Meditation : 9.00 a.m - 11.00 a.m.

Last Sunday : 7.00 a.m - 1.00 p.m.

Second Sunday : Tamil Service.

Thursday : 4.00 p.m - 8.00 p.m.

Second Thursday : 2.00 p.m. - 8.00 p.m.

Under the auspices of

YOGODA SATSANGA SOCIETY OF INDIA
Paramahansa Yogananda Path, Ranchi - 834 001,
Jharkhand. Ph : (0651) 2460071, 2460074
21, U.N.Mukherjee Road, Dakshineswar,
Kolkata - 700 076. Ph : (033) 2564 6208, 2564 5931
YSS Web : www.yssfindia.org
SRF Web : www.yogananda-srf.org

PROGRAMME CARD - 2018



"Be as simple as you can be;
you will be astonished to see
how uncomplicated and
happy your life can become."

— Sri Sri Paramahansa Yogananda



Yogoda Satsanga Dhyana Kendra CHENNAI

Yogoda Satsanga Dhyana Kendra, Chennai

COMMEMORATIONS IN 2018

Date	Commemoration	Time
Jan 4 to 7 (Thu to Sun)	125th Avirbhav Anniversary of Sri Sri Paramahansa Yogananda (Conducted by Monks from Ranchi)	
Mar 4 (Sun)	Comm. Meditation - Mahasamadhi of Sri Sri Paramahansa Yogananda	7 am - 1 pm
Mar 7 (Wed)	Mahasamadhi Anniversary of Sri Sri Paramahansa Yogananda	5.45 pm - 8 pm
Mar 9 (Fri)	Mahasamadhi Anniversary of Sri Sri Swami Sri Yukteswar Giri	5.45 pm - 8 pm
Mar 11 (Sun)	Comm. Meditation - Mahasamadhi of Sri Sri Swami Sri Yukteswar Giri	7 am - 1 pm
Mar 22 (Thu)	Foundation Day Morning Meditation Foundation Day - Celebration	6.30 am - 9.30 am 5.45 pm - 8 pm
May 6 (Sun)	Comm. Meditation - Avirbhav of Sri Sri Swami Sri Yukteswar Giri	7 am - 1 pm
May 10 (Thu)	Avirbhav Anniversary of Sri Sri Swami Sri Yukteswar Giri	5.45 pm - 8 pm
July 22 (Sun)	Comm. Meditation - Sri Sri Mahavatar Babaji Smriti Divas	7 am - 1 pm
July 25 (Wed)	Sri Sri Mahavatar Babaji Smriti Divas	5.45 pm - 8 pm
July 27 (Fri)	Guru Purnima	5.45 pm - 8 pm
July 29 (Sun)	Comm. Meditation - Guru Purnima	7 am - 1 pm
Sept 2 (Sun)	Comm. Meditation - Janmashtami	7 am - 3 pm
Sept 3 (Mon)	Janmashtami	5.45 pm - 8 pm
Sept 23 (Sun)	Comm. Meditation - Mahasamadhi of Sri Sri Lahiri Mahasaya	7 am - 1 pm
Sept 26 (Wed)	Mahasamadhi Anniversary of Sri Sri Lahiri Mahasaya	5.45 pm - 8 pm
Sept 30 (Sun)	Avirbhav Anniversary of Sri Sri Lahiri Mahasaya	9 am - 11 am
Oct 7 (Sun)	Comm. Meditation - Avirbhav of Sri Sri Lahiri Mahasaya	7 am - 1 pm
Dec 23 (Sun)	Comm. Meditation - Christmas	7 am - 3 pm
Dec 25 (Tue)	Christmas	5.45 pm - 8 pm
Dec 31 (Mon)	New Year Eve Meditation	10.30 pm - 12.30 am

UPA KENDRA - VIDUTHALAI NAGAR

169, 4th Street, Viduthalai Nagar, Sunnambu Kolathur, Chennai
- 600129. Dist. Chennai. Phone: 75358198853, 04422682075
Sunday Group Meditation : 04:00 pm - 06:30 pm

SATELLITE CENTRES

BESANT NAGAR

Old No-21, New No- 37, MGR Road, Kalakshetra Colony,
Besant Nagar, Chennai 600 090. Phone: 94440 57590
Saturday Group Meditation : 04:00 pm - 07:00 pm

ST. THOMAS MOUNT

36F, North Parade Road, St. Thomas Mount, Chennai - 600016.
Contact Nos : 9444290157, 9962547674
Saturday Group Meditation : 04:00 pm - 07:00 pm

Yogoda Satsanga Meditation Centres in Tamil Nadu

Coimbatore	Mr. A.K. Mani	94863 55969
Cuddalore	Smt. Vasumathi	98945 95909
Dindigul	Mr. Prem Kumar	98940 57947
Krishnagiri	Mr. Periaswamy	96290 53017
Madurai	Mr. Mangala Murugan	94433 38433
Nagapattinam	Mr. Senthil Kumar	99440 12799
Namakkal	Mr. Medeswaram	99427 42781
Paramakudi	Mr. Suresh	99408 76839
Pondichery	Mr. Muruganandam	93454 52182
Salem	Mr. T.K.S. Ravi	92452 52212
Tanjore	Mr. Purushothaman	94871 71787
Thirunelveli	Mr. Suresh Babu	95009 92112
Tiruppur	Mr. Kuppuswamy	94862 53082
Tiruvarur	Mr. Giri	94438 65193
Trichy	Mr. Ravichandran	86829 59390
Vellore	Mr. T.Kumar	94422 36632

